



Rosh Chodesh Av

July 22, 2020



Rosh Chodesh Av begins this evening.

Recap to zoom Rosh Chodesh and Intro (Va-Et'chanan)

Prayer

Reader: We are gathered here to honor the “New Moon”

All: בְּרוּכָה אַתְּ רוּחַ, מְחַדָּשֵׁת חֳדָשִׁים.

Bih ru cha /aht / Ru ahch / mih chah deh sheht / cho da sheem

All: Blessed are you, Spirit, who renews the months

Reader: We are gathered here to praise God for ordering the seasons

All: אֱלֹהֵינוּ יְאֻלֹּהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ, חֲדָשׁ עָלֵינוּ חֳדָשׁ זֶה וְשָׁנָה זֹאת

Eh low hay nu / vay low hay / Ah voe tay noo / vih ee moe tay nu / Chah Daysh / ah lay nu / Choe -
desh / zeh / vih shah nah / zote.

Our God and God of our mothers and fathers, who Renews the months

Renew us this month and this year

Reader: Blessed are You, Merciful One, who makes us holy by giving us commandments and who gives us the New Moon as a sign of eternal beginnings.

Blessed are You, who guides us to renew ourselves like the moon.

Prayer for the New Month (written by Marcia Falk)

All:

May the month of Av be a month of blessings;

Blessings of goodness, blessings of joy,

Peace and kindness, Friendship and love,

creativity, strength, serenity,

fulfilling work and dignity,

satisfaction, success, and sustenance,

physical health and radiance.

May truth and justice guide our acts

And compassion temper our lives

That we may blossom as we age

And become our sweetest selves.

May it be so.

Introductions –

Please share your name (also in Hebrew if you know it) [this will be done in the order people appear on Rabbi NB's zoom screen]

Shehecheyanuh

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, שֶׁהַחַיִּינוּ וְקִיַּמְנוּ
וְהַגִּיעָנוּ לְזֶמַן הַזֶּה.

Bah ruch / ahtah / ah doe neye / e low chay nu / meh lech ha oh lahm / sheh heh cheh yah noo / vih key ih mah noo / vih hee gee ah noo / lahz mahn hah zeh.

Our praise to You, Eternal our God, Sovereign of all:
for giving us life, sustaining us, and enabling us to reach this season.

Intro / Monotheism:

Va-Et'chanan 4:1-2

Va-Et'chanan 4:15-20. [Idolatry]

Va-Et'chanan 4:32-36. [Monotheism]

The Ten Commandments

Va-Et'chanan 5:6-18

Side by Side, from Exodus and Deuteronomy

from Exodus 20:

“I am the LORD your God, who brought you out of the land of Egypt, the house of bondage.
You shall have no other gods besides Me.

from Deuteronomy 5:

‘I am the LORD your God who brought you out of the land of Egypt, the house of bondage.
You shall have no other gods besides Me

“You shall not make for yourself a sculptured image, or any likeness of what is in heavens above, or on the earth below, or in the waters under the earth. “You shall not bow down to them or serve them. For I, your God Adonai, am an impassioned God, visiting the guilt of the parents on the children, upon the third and upon the fourth generations of those who reject Me, but showing kindness to thousandth generation of those who love Me and keep My commandments.

‘You shall not make for yourself a sculptured image, any likeness of what is in heaven above or on the earth below, or in the waters below the earth. ‘You shall not bow down to them or serve them. For I your God, am an impassioned God, visiting the guilt of the parents on the children, upon the third and upon the fourth generations of those who reject Me, but showing kindness to thousandth generation of those who love Me and keep My commandments.

“You shall not swear falsely by the name of Adonai your God in vain, for Adonai will not clear one who swears falsely by God’s name.

‘You shall not swear falsely by the name of Adonai your God in vain, for Adonai will not clear one who swears falsely by God’s name.

“**Remember** the sabbath day, and keep it holy. Six days you shall labor and do all your work, but the seventh day is a sabbath of your God Adonai you shall not do any work – you, your son or your daughter, your male or female slave, your ox or your ass, or any of your cattle, or the stranger in your settlements. **For in six days Adonai made the heaven and earth and sea - and all that is in them - and then rested on the seventh day;** therefore the Adonai blessed the sabbath day and hallowed it.

‘**Observe** the sabbath day to keep it holy, as your God Adonai commanded you. Six days you shall labor and do all your work, but the seventh day is a sabbath of your God Adonai; you shall not do any work – you, your son or your daughter, your male or female slave, **your ox or your ass, or any of your cattle**, or the stranger in your settlements, **so that your male or female slave may rest as you do. Remember that you were a slave in the land of Egypt, and your God Adonai feed you from there with a mighty hand and an outstretched arm; therefore your God Adonai has commanded you to observe the sabbath day.**

“Honor your father and your mother, that you may long endure, and that you may fare well, in the land that your God Adonai is assigning to you.

‘Honor your father and your mother, **as your God Adonai has commanded you**, that you may long endure, and that you may fare well, in the land that your God Adonai is assigning to you.

“You shall not murder.

‘You shall not murder.

“You shall not commit adultery.

‘You shall not commit adultery.

You shall not steal

You shall not steal

“You shall not bear false witness against your neighbor.

‘You shall not bear false witness against your neighbor.

“You shall not covet your neighbor’s **house: you shall not covet your neighbor’s wife**, nor male nor female slave, nor ox nor his ass nor anything that is your neighbor’s.”

‘You shall not covet your neighbor’s **wife. Likewise, none of you shall crave your neighbor’s house, or field**, or male or female slave, or ox or ass or anything that is your neighbor’s.’

Sh’ma and V’ahavta

Va-Et’chanan 6:1-9

Va-Et’chanan 6:17-25 [Do what is right and good]; Core Values

Exercise re: sharing core values

Closing Prayer

By Marge Piercy

Shema/V'ahavta

Shema

Hear, Israel, you are of God and God is one.

Praise the name that speaks us through all time.

V'ahavta

So you shall love what is holy with all your courage, with all your passion with all your strength.

Let the words that have come down shine in our words and our actions.

We must teach our children to know and understand them.

We must speak about what is good and holy within our homes

when we are working, when we are at play, when we lie down and when we get up.

Let the work of our hands speak of goodness.

Let it run in our blood
and glow from our doors and windows.

We should love ourselves, for we are of God.
We should love our neighbors as ourselves.
We should love the stranger, for we
were once strangers in the land of Egypt
and have been strangers in all the lands of the world since.
Let love fill our hearts with its clear precious water.
Heaven and earth observe how we cherish or spoil our world.
Heaven and earth watch whether we choose life or choose death.
We must chose life so our children's children may live.
Be quiet and listen to the still small voice within that speaks in love.
Open to that voice, hear it, heed it and work for life.
Let us remember and strive to be good.
Let us remember to find what is holy within and without.

And let us say: *Amen*