

Temple Israel Karate Club

After School Program

Try Out Kempo Classes Today!

Only \$200.00 for 10 weeks of lessons!

Call Now! (203) 227 – 1293

Classes are at Temple Israel

Winter '18,'19 10 Classes

Tuesday: December 4, 11, 18 January 8, 15, 22, 29 February 5, 12, 26

KEMPO EVOLUTION ~ Through highly successful teaching techniques that incorporate character building philosophies with traditional martial arts training methods, you will learn to understand and use martial arts to develop self discipline, self control, and respect for others. Learn a series of punches, kicks, and blocks in a fun yet controlled environment. Martial arts concepts will be used to build character in today's youth. No contact or fighting is involved. Wear comfortable clothes -- kids will receive a white belt.

MASTER DOUGLAS DEBARGER ~ is the owner/manager and chief instructor at our Westport location. His current national rankings include 5th Degree Black Belt in Chinese Kempo, Certified Kickboxing Instructor.

Kempo Evolution

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