

Temple Israel Karate Club

After School Program

Try Out Kempo Classes Today!

Only \$180.00 for 9 weeks of lessons!

Call Now! (203) 227 – 1293

Classes are at Temple Israel

Tuesday:

Fall September 25, October 2, 9, 16, 23, 30, November 13, 20, 27

9 sessions

KEMPO EVOLUTION ~ Through highly successful teaching techniques that incorporate character building philosophies with traditional martial arts training methods, you will learn to understand and use martial arts to develop self discipline, self control, and respect for others. Learn a series of punches, kicks, and blocks in a fun yet controlled environment. Martial arts concepts will be used to build character in today's youth. No contact or fighting is involved. Wear comfortable clothes -- you will receive a white belt. Students will have option to purchase a GI (uniform pants and shirt for \$42) and to test for belt advancement at the Kempo Academy of Martial Arts studio in Westport at the conclusion of the program (test fee is \$50).

MASTER DOUGLAS DEBARGER ~ is the owner/manager and chief instructor at our Westport location. His current national rankings include 5th Degree Black Belt in Chinese Kempo, Certified Kickboxing Instructor.

Kempo Evolution

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